



Fastpitch Softball Fielding Clinic
Sponsored by
San Diego Mystic



Ages: 8u to 14u
Date: March 14th, 2010
Time: 9am to 1pm
Location: Mt. Acadia Park – 3897 Mt. Acadia Blvd. (just a few blocks from CGFP)

Dear Fastpitch Player,

Please join us for a free fielding skills clinic sponsored by San Diego Mystic. This clinic will focus on the following player developments:

- Warm up Routines
- Throwing Warm-Up Techniques
- Receiving the ball Techniques
- Ground ball techniques
- Fly Ball techniques
- General defensive drills
- Defensive warm up routines

If you are interested in attending this clinic, please e-mail keith.bockmier@gmail.com (with Mystic Clinic in subject) so that we can compile the list of attendees and schedule the appropriate number of instructors (we will have a limited number of attendees for proper player to instructor ratio). Please indicate the name of the player and the age. When you receive an e-mail back confirming your registration, you will be confirmed.

We will divide up the groups into age and skill level for appropriate instruction.

The different zones will be led by Mystic Coaches and players from our 18U team.

San Diego Mystic attended USA/ASA 16U Nationals last year and took 2nd Place at the Triple Crown World Series in 2008.

Please visit our website – www.eteamz.com/mysticsandiego for more information regarding our team and address, etc.

Thank you and we look forward to seeing you on the fields.